“Why the midlife matters for health: Lessons from osteoarthritis, physical function, and falls”

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3 PM
Room 1655 Crossroads

The aging of the United States population combined with the exponential increase in chronic disease prevalence and multi-morbidity has highlighted the need for clinical and preventative measures to combat morbidity and the onset of chronic conditions associated with disability. In this presentation, Dr. Karvonen-Gutierrez will present findings from studies of mid-life aging which suggest that the mid-life period is a critical window for the development of chronic diseases. She will describe her current research that investigates the association of chronological aging, reproductive aging, and obesity with osteoarthritis, physical functioning, disability and falls and explore how this knowledge can inform the development of efficacious interventions targeted at mid-life populations.